

PSHCE Curriculum Outline 2023-2024

	Term 1	Term 2	Term 3	Term 4	Term 5	
Year 11	Unit Title: Drugs & Crime, Alcohol Abuse, County Lines and Gangs Knowledge: Drugs Alcohol & Tobacco Legal Systems in the UK County Lines and Gangs	Unit Title: KS4 Online Safety Certificate, 16+ Options, Kent Choices, University, CV's & Student Finance Knowledge: Online & Media The Law (Safeguarding) Internet Safety & Harms Careers Personal Finance	Unit Title: Extremism, Radicalisation, Terrorism & Prevent Knowledge: Extremism, Radicalisation, Terrorism & Prevent	Unit Title: Sex Education, STI's, Pornography, Sexual Abuse Knowledge: Families Respectful Relationships Online & Media Being Safe Intimate Sexual Relationships The Law (Safeguarding)	Unit Title: Cancer Awareness, Your Money Matters Knowledge: Physical Health and Fitness Health & Prevention Personal Finance Public Money Spending	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Unit Title: Binge Drinking, Alcohol & Illegal Drugs Knowledge: Drugs Alcohol & Tobacco Mental Wellbeing Intimate Sexual Relationships	Unit Title: HM Treasury & Government Spending, Voting & Elections, Knife & Gang Culture Knowledge: Parliamentary Democracy Electoral Systems Legal Systems Legal Systems in the UK Diversity, Ethnicity & Mutual Respect Local, Regional & International Governance Public Money Spending Gang and Knife Crime	Unit Title: Exploring Human Rights, Terrorism & Prevent, Charity & Volunteering Knowledge: Diversity, Ethnicity & Mutual Respect Human Rights & International Law Good Citizens & Volunteering Terrorism & Prevent	Unit Title: Healthy Eating/Sugary Drinks, Mental Health & Wellbeing Knowledge: Physical Health and Fitness Healthy Eating Health & Prevention Mental Wellbeing	Unit Title: Careers Escape Room, Post 16 Careers Quiz, Sex Education Quiz and 'Really' PSHE Film Knowledge: Careers Families Respectful Relationships Online & Media Being Safe Intimate Sexual Relationships The Law (Safeguarding) Drugs Alcohol & Tobacco Physical Health & Fitness Mental Wellbeing	Unit Title: Cyber Bullying, Sexting, Sexual Exploitation & Consent, Romance, Love and Consent Quiz, 'Your Money Matters': Spending & Borrowing Knowledge: Respectful Relationships Online & Media Being Safe Intimate Sexual Relationships The Law (Safeguarding) Consent, Sexual Exploitation Internet Safety & Harms Personal Finance
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 9	Unit Title: Smoking, Alcohol, Drugs & Addiction Knowledge:	Unit Title: Relationships, Sex Education Research Project, SRE Escape Room Activity	Unit Title: FIT Film (Homophobic Bullying,) LGBTQ+, Contraception & Sexual Health	Unit Title: Healthy Lifestyles & Body Image, Healthy Eating & First Aid	Unit Title : Fundamental British Values, British Values	Unit Title: Studying at University Investigation, Money & Banking

	Drugs Alcohol & Tobacco Mental Wellbeing	Knowledge: Families Respectful Relationships Online & Media Being Safe Intimate Sexual Relationships The Law (Safeguarding) Internet Safety & Harms Changing Adolescent Body	Knowledge: Respectful Relationships Being Safe Intimate Sexual Relationships The Law (Safeguarding) Physical Health and Fitness Health & Prevention Changing Adolescent Body	Knowledge: Physical Health and Fitness Internet Safety & Harms Healthy Eating Basic First Aid	Quiz & 'The Pursuit of Happyness' Film Knowledge: Families Parliamentary Democracy Electoral Systems Human Rights & International Law Diversity, Ethnicity & Mutual Respect Local, Regional & International Governance Good Citizens & Volunteering Careers	Knowledge: Personal Finance Careers
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 8	Unit Title: Physical Health, Healthy Lifestyles & Puberty Knowledge: Physical Health and Fitness Healthy Eating Health & Prevention Changing Adolescent Body	Unit Title: Mental Wellbeing, Anti-Bullying, Conflict & Bullying Knowledge: Changing Adolescent Body Mental Wellbeing Respectful Relationships	Unit Title: Intro to Politics, Elections, Crime & Punishment and Law Knowledge: Parliamentary Democracy Electoral Systems Forms of Government Beyond UK Legal Systems in UK Diversity, Ethnicity & Mutual Respect Local, Regional & International Governance	Unit Title: Exploring Careers, !6+ Options Investigation, My World of Work Knowledge: Careers	Unit Title: Digital Literacy, Social Media & Online Safety Knowledge: Respectful Relationships Online & Media Intimate Sexual Relationships The Law (Safeguarding) Internet Safety & Harms	Unit Title: Financial Literacy, First Aid, CPR Training, Extremism and Prevent Knowledge: Personal Finance Public Money Spending Basic First Aid Prevent & Extremism
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	Unit Title: Health & Prevention & Road Safety Knowledge: Physical Health and Fitness Healthy Eating Health & Prevention	Unit Title: OSA KS3 Certificate, Personal Hygiene, Puberty & First Aid Knowledge: Respectful Relationships Online & Media Internet Safety & Harms Health & Prevention Basic First Aid Changing Adolescent Body	Unit Title: First Aid & Plastic Ocean Knowledge: Basic First Aid Global Matters	Unit Title: Blood Donation, Resilience & Mental Health Knowledge: Physical Health and Fitness Mental Wellbeing	Unit Title: Careers Skills Assessment, Careers Quiz, Drugs & British Values Knowledge: Careers Drugs Alcohol & Tobacco Diversity, Ethnicity & Mutual Respect	Unit Title: World Issues, Personal Finance & Cancer Awareness Knowledge: Global Matters Personal Finance Health & Prevention

Physical Health and Mental Wellbeing 2020 Citizenship Programme of Study Global Matters – climate change, pollution etc. Key Safeguarding Issues Careers