



PSHCE Curriculum Outline

This outline provides a long-term overview of the knowledge and skills developed in this subject. More detailed short- and medium-term schemes of work, not published here, are available by contacting the PSHCE Department.

	Term 1	Term 2	Term 3	Term 4	Term 5	
Year 11	Unit Title: Drugs & Crime, Alcohol Abuse, County Lines and Gangs. Knowledge: Wellbeing Online Drugs Alcohol, Tobacco & Vaping Personal Safety Legal Systems in the UK County Lines Gangs	Unit Title: KS4 Online Safety Certificate, 16+ Options, Kent Choices, University, CV's & Student Finance. Knowledge: Respectful Relationships Online Safety & Awareness Being Safe Wellbeing Online Careers Personal Finance	Unit Title: Extremism, Radicalisation, Terrorism & Prevent & Gambling. Knowledge: Mental Wellbeing Wellbeing Online Personal Safety Parliamentary Democracy Diversity, Ethnicity & Mutual Respect Extremism, Radicalisation, Terrorism & Prevent	Unit Title: Sex Education, STI's, Pornography, Sexual Abuse. Knowledge: Respectful Relationships Online Safety & Awareness Being Safe Intimate Sexual Relationships Being Safe Health, Protection, Prevention & Healthcare	Unit Title: Cancer Awareness, Your Money Matters. Knowledge: Health, Protection, Prevention & Healthcare Personal Finance Public Money Spending	
	Term 1	Term 2	Term 3	Term 4	Term 5	
Year 10	Unit Title: Alcohol, Drugs & County Lines, Drugs Quiz. Knowledge: Being Safe Mental Wellbeing Wellbeing Online Healthy Eating Drugs Alcohol, Tobacco & Vaping Personal Safety	Unit Title: HM Treasury & Government Spending, Voting & Elections, Exploring Human Rights. Knowledge: Parliamentary Democracy Electoral Systems Legal Systems in the UK Diversity, Ethnicity & Mutual Respect Local, Regional & International Governance Public Money Spending	Unit Title: Terrorism & Prevent, Propaganda, & Extremism, Knife & Gang Culture, Charity & Volunteering. Knowledge: Mental Wellbeing Wellbeing Online Personal Safety Human Rights & International Law Good Citizens & Volunteering Terrorism & Prevent Knife Crime Gangs	Unit Title: Healthy Eating/Sugary Drinks, Social Media Influencers, Mental Health & Wellbeing & Disorder Eating. Knowledge: Mental Wellbeing Wellbeing Online Physical Health and Fitness Healthy Eating	Unit Title: Careers Escape Room, Post 16 Careers Quiz, Sex Education Quiz and Healthy Relationships & Parenting. Knowledge: Careers Families Respectful Relationships Being Safe Online Safety & Awareness Intimate Sexual Relationships Health, Protection, Prevention & Healthcare Personal Safety	Unit Title: 'Really' PSHE film, Cyber Bullying, Sexting, Sexual Exploitation, Incels & Consent, Romance, Love and Consent Quiz & Financial Matters Knowledge: Families Respectful Relationships Online Safety & Awareness Being Safe Intimate Sexual Relationships Being Safe Drugs Alcohol, Tobacco & Vaping Personal Safety Consent, Sexual Exploitation
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 9	Unit Title: Smoking, Alcohol, Drugs & Addiction. Knowledge: Drugs Alcohol, Tobacco & Vaping Healthy Eating Health, Protection, Prevention & Healthcare	Unit Title: Relationships, RSE Investigation, RSE Escape Room Activity. Knowledge: Families Respectful Relationships Being Safe Intimate Sexual Relationships	Unit Title: 'FIT' Film (Homophobic Bullying) LGBTQ+, Contraception & Sexual Health. Knowledge: Families Respectful Relationships Being Safe Intimate Sexual Relationships Developing Bodies Legal Systems in UK Diversity, Ethnicity & Mutual Respect	Unit Title: First Aid, Healthy Lifestyles & Body Image, Healthy Eating Investigation & Calories. Knowledge: Physical Health and Fitness Wellbeing Online Healthy Eating Health, Protection, Prevention & Healthcare Basic First Aid	Unit Title: Fundamental British Values, British Values Quiz & 'The Pursuit of Happiness' Film. Knowledge: Families Respectful Relationships Parliamentary Democracy Electoral Systems Human Rights & International Law Diversity, Ethnicity & Mutual Respect Local, Regional & International Governance Good Citizens & Volunteering Personal Finance Careers	Unit Title: Studying at University Investigation, Money & Banking, 'Remember the Titans' Film. Knowledge: Personal Finance Public Money Spending Human Rights & International Law Diversity, Ethnicity & Mutual Respect Careers
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 8	Unit Title: Physical Health, Healthy Lifestyles Quiz & Poster & Puberty. Knowledge: Wellbeing Online Physical Health and Fitness Healthy Eating Health, Protection, Prevention & Healthcare Developing Bodies	Unit Title: Mental Wellbeing, Anti-Bullying, Conflict & Bullying Quiz, 'Diary of a Wimpy Kid' Film. Knowledge: Families Respectful Relationships Mental Wellbeing Wellbeing Online	Unit Title: Intro to Politics, Inside the House of Commons, Elections, Laws & Rules, Law, Crime & Society. Knowledge: Parliamentary Democracy Electoral Systems Forms of Government Beyond UK Legal Systems in UK Diversity, Ethnicity & Mutual Respect Local, Regional & International Governance	Unit Title: Exploring Careers, 16+ Options Investigation. Knowledge: Careers	Unit Title: Healthy Lifestyles and Exercise, Digital Literacy, Social Media & TikTok Addiction. Knowledge: Respectful Relationships Online Safety & Awareness Mental Wellbeing Wellbeing Online Physical Health and Fitness Personal Safety Healthy Eating	Unit Title: Financial Literacy, Financial Decisions, CPR Training & Vaping. Knowledge: Personal Finance Public Money Spending Drugs Alcohol, Tobacco & Vaping Basic First Aid
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6

Year 7	Unit Title: Welcome to MGS, Health & Prevention & Bike, Road, Rail & Water Safety.	Unit Title: Online Safety Alliance KS3 Certificate, Personal Hygiene.	Unit Title: Puberty & First Aid & Plastic Ocean Documentary.	Unit Title: Blood, Organ and Stem Cell Donation, Resilience Escape Room & Mental Wellbeing Quiz.	Unit Title: Careers Skills Assessment, Careers Quiz, Dangers of Drugs.	Unit Title: 'A Perfect Planet - Humans' DVD, Personal Finance, Personal Finance Quiz & Cancer Awareness.
	Knowledge: Mental Wellbeing Physical Health and Fitness Healthy Eating Health, Protection, Prevention & Healthcare Personal Safety	Knowledge: Respectful Relationships Online Safety & Awareness Wellbeing Online Health, Protection, Prevention & Healthcare Developing Bodies	Knowledge: Basic First Aid Developing Bodies Global Matters	Knowledge: Respectful Relationships Physical Health and Fitness Mental Wellbeing Wellbeing Online Personal Safety	Knowledge: Careers Drugs Alcohol, Tobacco & Vaping	Knowledge: Global Matters Physical Health and Fitness Health, Protection, Prevention & Healthcare Personal Finance

Key/Legend/Notes:

- Relationships & Sex Education 2025
- Physical Health and Mental Wellbeing 2025
- Citizenship Programme of Study
- Global Matters - climate change, pollution etc.
- Key Safeguarding Issues
- Careers